

PROGRAM OVERVIEW Equipment and Technology

COL Barb Springer (Ret) PT, Ph.D.

Asst Professor Uniformed Services University of Health Sciences Research PT for Henry M Jackson Foundation Director of Operations QL+



My Inspiration

- 52,969 Wounded in Action as of Aug 28, 2019
- Burns
- Traumatic Brain Injuries
- Spinal Cord Injury/Paralysis/Hemiplegia
- Blindness
- Amputees (co-morbidities, > 1 limb loss)
- Multiple fractures, multiple surgeries
- Blast injuries, GSWs/open wounds/skin grafts
- Vestibular trauma, Hearing loss
- ICU patients with multiple medical problems
- Conversion Disorder and PTSD





Ride2Recovery/Project HERO





Quality of Life Plus (QL+) MISSION

To foster and generate innovations that aid and improve the quality of life for those who have served our country.



We serve members of the military, veterans, first responders and public servants with life-altering injuries or illnesses-our Challengers

LEVERAGING INNOVATION TO IMPROVE QUALITY OF LIFE

Giving disabled Veterans and First Responders greater independence and access to everyday activities.



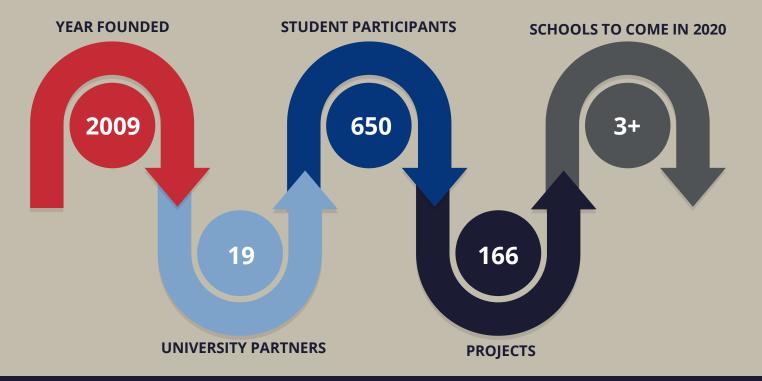
Fostering respect and appreciation for those who serve and protect the nation.



Developing a Science, Technology, Engineering and Mathematics (STEM) workforce.



BY THE NUMBERS





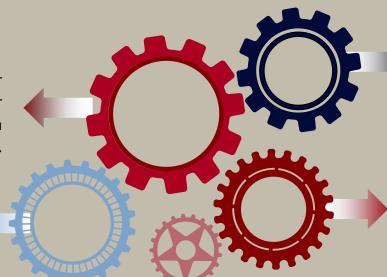
QL+ Process

Challengers

QL+ recruits veterans and other eligible disabled individuals for whom student projects can improve their quality of life.

Challenges

QL+ offer challenges to a partner university for accomplishment as a Capstone project or a senior project.



Faculty Advisor

University provides a Faculty Advisor and forms a team of 4-8 students.

Program Manager

QL+ provides a Program Manager and financial support for all projects.



Example of Cal Poly Timeline

SUMMER 2019 PROJECT SUBMISSION

FALL QUARTER 09/19 - 12/06

Project research and initial design.

WINTER QUARTER 01/06 - 03/13

Prototype manufacturing.

SPRING QUARTER 03/30 - 06/05

Prototype testing, improvement and sign off.



Examples of Challenges for Cyclists

- Transfer System for Recumbent Bike
- Butt Brake
- 1-Arm Handcycle Adaptation
- Voice Activated Shifting
- Recumbent Bike Lift
- Customized handcycle grips
- Power Assist Handcycle (in hub or rim with kinetic energy)







RECUMBENT BIKE TRANSFER TEAM

Mechanical Engineering Senior Design Project

John Kulick Jack McAtee Joseph Lee Huy Nguyen

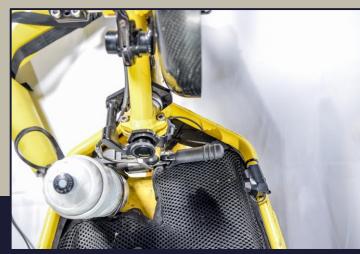




Finished Butt Brake Project











Challenger Tim Brown, Mentor Scotty Moro (Adaptive Cycling Foundation) and Univ of Dayton students





Challenger: Nick Kimmel Combat Wounded Marine

1-arm Handcycle Challenge

Cal Poly Engineering Students: Ryan, Alex, Sean







Marine with Double Transfemoral Amputations Rode on Upright across US: 5200 miles





Sports and Recreation-Related Projects

Manual Beach Wheelchair **Comfortable Handcycle Grips Baby Trailer Handcycle Mount OI** Waterproof Cover Thermoregulation **Sled Hockey Transfer** Amputee Speed Skate **Archery-Straight Shooters** ATV Wheelchair Rack Surf Leg Mono-Ski Transport **Race-Walk Cane**

Recumbent Bike Loading Stand Up Paddling (SUP) **Snow Tube Harness Better Knee Brace** Wheelchair Motorcycle Attachment Surfboard Control Mixed Martial Arts Leg Fishing Recumbent Bike Transfers Sand Foot ATV Wheelchair Rack v2 Adaptive Mountain Bike



The QL+ Program is unmatched in its impact

Giving injured veterans and 1st responders greater independence and access to everyday activities.

Fostering respect and appreciation, by the students, for those who serve and protect America. **Developing** a Science, Technology, Engineering and Mathematics (STEM) workforce.

Creating life-transforming assistive technology for our country's injured heroes.





"The ability to tell an engineer exactly what would make my life better and have my opinion be part of the design process is exciting and innovative. I'm proud to be part of this amazing program."

QL+ CHALLENGER TAMMY LANDEEN



THANK YOU

For more information and resources, visit <u>QLplus.org</u> or reach me at



Engineering An Improved Quality Of Life For Those Who Served.